

St. Mary's Catholic Primary School

Weekly Newsletter



Term 4 Week 3

20.10.2023

Address: 10 Myrtle St Alexandra Vic 3714.

Phone: 03 5772 1500.

Email: principal@smalexandra.catholic.edu.au

At St Mary's School we encourage an inclusive, learning community that values safety, love and faith.

One of the Gospels focuses on the greatest commandment—to LOVE. Jesus explains that all the commandments are inextricably linked to this one, seemingly simple instruction and we were reminded that we need to love “our neighbour as ourselves”. We can be offered wise insight to this message through thinking about:

- *self-love requires us to treat ourselves with respect and dignity;*
- *love of neighbour is expressed by charity and service to others;*
- *the highest form of love is to love (and forgive) those who hurt us.*

This call to live a life of love is the basis of our faith as Christians and we are challenged to respond every day.

As parents and educators, we are all responsible for the growth and healthy development of children. We must be acutely aware of what they see in our behaviour as we are their role models. Our children need us to be people of courage who openly stand against injustice. They need to observe us speaking and acting in ways that are caring, affirming and life-giving, and they must know that they can trust us to accept them and support them as they struggle with the difficulties of life. Most importantly they need us to be witnesses to a way of life that offers hope and peace which the world certainly **cannot** give—it's the greatest commandment!



“You shall love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind; and your neighbor as yourself.”
[The greatest commandments.]

Food for thought...

Please consider to support our children to be the best that they can be:

- Unsupervised access to social media—do you **REALLY** know what your child is posting and who they are communicating with? The effect of this is disastrous for the wellbeing of children as young as 7;
- Viewing of inappropriate media content on TV, movies, digital gaming etc. (sexualised, violence, language, adult themes);
- Exposure to information which is not age-appropriate including involvement in adult conversations which children may not be mature enough to process accurately;
- Lack of structure resulting in fatigue e.g. erratic bed-time, unlimited screen time, poor nutrition etc.
- Attitudes of entitlement—needs/demands of an individual determine the family atmosphere.
- Lack of respect for the rights of all.



REMINDERS AND NOTICES

Assembly

Every Monday Morning 9:00am
and

Every Friday afternoon 2:45pm.

OCTOBER

23rd Japanese Incursion

25th **School Concert 6pm**

26th **School Concert 12pm & 6pm**

NOVEMBER

1st State Athletics

2024 Foundation Transition visit
9-12

3rd Walkathon

6th **School Closure**

7th **Melbourne Cup Public Holiday**

8th **School Closure— Staff PD**

9th ASC Transition Yr 6

10th Wellbeing Day

15th 2024 Foundation Transition visit
9-12

22nd 2024 Foundation Transition visit
9-12

27TH Swimming Starts

29th 2024 Foundation Transition visit
9-12

DECEMBER

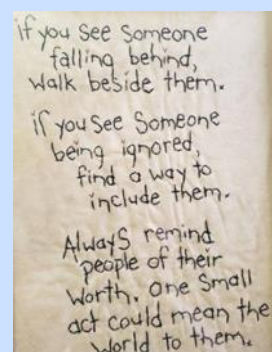
6th Yr 6 Golf Excursion

7th House Swim Sports

13th Family Picnic

14th Yr 6 Pool Party

AusNet will be undertaking some tree pruning around the power lines on Myrtle St. This work is anticipated to be carried out between 19th October & 19 December. This may affect parking. Thank you for your understanding



Weekly Church Service ~ Fr Jose Mathew Ph: 5772 1167

Tuesday: 6:00pm Yea
Wednesday: 9:30am Yea
Thursday: 9:30am Alexandra

Friday: 9:30am Alexandra
Saturday: (Vigil) 5:00pm Eildon

Sunday: 8:45am Alexandra
 10:45am Yea
All families are welcome to attend Mass.

PRINCIPAL'S AWARD



PRINCIPAL'S AWARDS

Mia & Sienna

Whilst identical twins are not identical in every single way, 5/6DJ's identical twins both exemplify the values of our school in very similar ways. They are both responsible and conscientious learners, they are outstanding leaders, and they can be relied on to be compassionate and respectful to everyone they interact with in our school community.

Congratulations Mia & Sienna!

STUDENT AWARDS



All the students in 3/4 C

Freya, Jamie, Ben, Isaac, Sam, Lainey, Sarah, Cohen and Jett

Well done to this week's students who have shown encouragement, inclusion, safety, love and faith in their learning and behaviour.

(Values taken from our Vision Statement)

5. Trust yourself

eSmart
 alannah & madeline foundation

Tuning into our children can be a very positive experience for everyone.

You are the expert in understanding your child. You know them better than the people who write books, or give you 'Five Tips for Parents'. Be clear on your values and your expectations, talk and know as a family what is important to you. It will be awkward and strange, teenagers might not say anything - but that is ok - try it, normalise it.

It is far better than just trying to control and micromanage our children - that only causes tension and arguments, and doesn't support them to appropriately use technology in their lives now and in the future.

Concert Sausage Sizzle

Thanks to our Parents and Friends

THURSDAY NIGHT ONLY



5 pm - 5:45 pm

\$3 - SAUSAGE

\$3 - CAN OF DRINK

EFTPOS available



P&F ST. MARY'S
 ALEXANDRA
 PARENTS & FRIENDS

P & F are seeking volunteers for the BBQ at School Concert
Thursday night from - 4:30pm until 6pm.

Please let us know if you can help up cook some sausages.

Call or Text Stef Jager 0422 233 423

2023 SCHOOL CALENDAR

Term 4, 2023 ST MARY'S ALEXANDRA							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WEEK 4 Oct 23 - 29	23 Japanese Incursion 10-11	24	25 CONCERT 6pm	26 CONCERT 12pm/6pm Matinee & Evening	27 1/2S Assembly	28	29
WEEK 5 Oct 30-Nov 5	30	31	1 Foundation 2024 Transition 9-12 Foundation 2024 Parent Information Session and Morning Tea	2	3 Walkathon 3/4O'C Assembly	4	5
WEEK 6 Nov 6 - 12	6 School Closure Day	7 Melbourne Cup	8 School Closure Day Staff PD	9 ASC Transition Day Year 5 Leadership Day	10 Wellbeing Day	11	12
WEEK 7 Nov 13 - 19	13	14 P & F Meeting 6pm	15 Staff v Students Netball Game 12:50pm Foundation 2024 Transition 9-12	16	17 5/6 KH Assembly	18	19
WEEK 8 Nov 20 - 26	20	21	22 Foundation 2024 Transition 9-12 - Buddies	23	24 Fete 3/4C Assembly	25	26
WEEK 9 Nov 27-Dec 3	27 Swimming Starts	28	29 Foundation 2024 Transition 9-12 - Buddies	30	1	2	3
WEEK 10 Dec 4 - 10	4 Swimming Continues	5	6 Year 6 Cathedral Golf Excursion	7 House Swim Sports day	8 Whole School End of Year Mass Year 5 Assembly	9	10
WEEK 11 Dec 11 - 17	11	12 ASC Transition Day Year 6 Graduation P & F Meeting 6pm	13 Family Picnic	14 Year 6 Pool Party	15 Nativity Play/Year 6 Assembly/Final Goodbye Colour Run Students Finish	16	17
WEEK 12 Dec 18 - 20	18 School Closure Day Staff PD	19 School Closure Day	20 School Closure Day Term 4 Ends				



Colleen & Emily and family would like to thank the school for the beautiful flowers and the kind thoughts and prayers extended to them on the recent passing of their mum and nan. We felt very loved.



SCHOOL UNIFORM SHOP

FCW
FASHION
CLUBWEAR

The Uniform Shop - Selling the pale blue polo's for \$12 while stocks last

You can visit the Uniform Shop, run by Holly, at the Secondary College.
The shop is open Mondays 8:30am—11:30am and Wednesday 12:30pm—3:30pm.

For all uniform enquiries please email Holly hollywal7@gmail.com

Sample sizes of uniform items are available to try on at St Mary's school office



St Mary's School Uniform 2024

The new uniform will include the following items:

- polo shirt to be worn each day by all students (including sports days)



- Long sleeve option will be available at a later date for cooler weather.
- Summer – plain navy shorts (basketball or drill) or skort
- Winter – plain navy pants, tracksuit pants or skort with navy tights worn underneath (no leggings)
- Shorts to be worn at midhigh or longer



- Plain white socks and plain black shoes or runners to be worn by all students each day. On sports day students may wear another pair of runners.



- The school jumper will remain the same.

Transition Period

The transition for the new school uniform will be 12 months. This means that students will still be able to wear the current uniform for the 2024 school year and as they grow out of the old uniform they will be able to move into wearing the new polo shirt.

Due to the generous donations all students will receive their first shirt free, which has already been ordered and will be distributed to students in December 2023.

CONCERT: Drop Off and Pick Up Information

Dear Families,

We are all looking forward to our school concert performances next week. As all families may not be attending both evening performances, we have made the following arrangements for dropping off and picking up students.

We ask that students be dropped off to the designated rooms listed below, for both evening performances, so that we know who is here and that they have been collected by a parent or responsible adult at the end of the evening. Teachers will be responsible for checking in and out students in their classes.

It is really important for the safety of all children that this procedure is followed to ensure the safety of all students.

DROP OFF: 5.30-5.40 pm for both performances.

FOUNDATION:	Room 1
1/2S:	Room 2
1/2C:	Room 3
3/4O'C:	Room 4
3/4C:	Room 5
All 5/6s:	Hall

PICK UP: 7:25pm

We ask that you **make sure the teacher in charge of your class has marked your child/ren's name off their class lists before leaving.**

This is a must as we don't want any lost children, or staff looking for students at the end of the evening who have already gone home.

Foundation and 3/4C - from Rooms 4 and 5 (the Grade $\frac{3}{4}$ classrooms)

*Note - Foundation and 3/4C, please keep an eye out on SeeSaw for further information about pick up.

1/2s, 1/2C, 3/4O'C, 5/6DJ and 5/6KH - from the Hall

Power Outage Tuesday 31st October

Dear Parents/Carers

As many of you may be aware on Tuesday 31st October AusNet will be turning off the power around Alexandra town and the surrounding areas to complete upgrade works. They have contacted us in advance so that we are able to let the school community know and so we can be prepared.

The school will still be open and running with a few adjustments in place such as ensuring windows are open for ventilation, airflow and light. Obviously, we will not have access to the internet that day so students will be completing learning with limited technology. We will still have access to water for flushing toilets and drinking water.

The phone system will be diverted to our school mobile however you can still ring the school mobile directly if needed. The school mobile phone number is 0487 404 511.

If your child will not be attending school on this day could you please let us know in advance.

Kind regards

Kathryn Stuart
Principal



PHOTO'S FROM SCHOOL EVENTS

Great job from all 4 students who represented St. Mary's School at Regional Athletics.
Congratulations to the students who are going to State Athletics.



TABLOID SPORTS



PHOTO'S FROM SCHOOL EVENTS



3/4 JUNGAL DAY AND FOUNDATION, 1/2 AND 5's PUFFING BILLY DAY



FOUNDATION MURRINDINDI PRESENTS

SATURDAY 21 OCT

STAND UP COMEDY NIGHT

FEATURING

MARK MCCONVILLE

GLENN RIDGE MC

DOUG CHAPPEL

DOORS OPEN AT 7.00 PM, SHOW STARTS AT 7.30 PM

ALEXANDRA FOOTBALL NETBALL CLUB

BOOK TICKS AT WWW.HUMANITIX.COM OR SCAN THE QR CODE

\$40 INCLUDING FINGER FOOD, DRINKS AT BAR PRICES, RAFFLE, AUCTIONS

This is a major fundraising event for Foundation Murrindindi. Join us for a fun night of comedy and laughs and help raise funds to support youth projects across Murrindindi Shire.

Foundation Murrindindi

Helen Haines

The Laughter Clinic

Mental Health & Suicide Prevention Strategies

Never underestimate the power of laughter!

Friday 20 Oct
6.00 - 7.30pm
Yea Community House

Saturday 21 Oct
1.00 - 2.30pm
Alexandra RSL Hall

Comedian Mark McConville, with a Master's degree in Suicidology, offers a unique perspective about mental health and encourages his audiences to regain control of their happiness.

Combining comedy and laughter with the latest information and research in the field of Suicidology, this presentation offers the right balance of humor and laughter with easy to remember mental health strategies and take away messages.

These are **FREE** events. Booking is required for catering purposes. Light refreshments provided. Scan QR code to book.

Foundation Murrindindi

ALEXANDRA FOOTBALL NETBALL CLUB

Yea & Chumley Memorial Medical Centre

Community Hub

Australian Government

Murrindindi Shire Council

VICTORIA

Emergency Services Expo

10am to 2pm October 21st at Yarck Recreation Reserve

Proudly hosted by Alexandra, Koriella, Merton, Molesworth, Terip Terip, Whanregawen & Yarck Brigades

FREE EVENT

TEST YOUR SKILLS

Have a go at fighting a fire in the realistic Virtual Reality Unit.

See how easy (or not) to feel your way through a Smoke House

Check out CFA training Car Fire Prop.

See how accurate you can be squirting a frubee with a fire hose.

Vote for your favourite Historic Vehicle.

Win one of many excellent Raffle prizes, all generously donated by local businesses.

Work up an appetite for a sizzling sausage or a snack from the food van.

Have your photo taken on a fire truck.

Face Painting, Sausage Sizzle

Forest Fire Management Victoria

Captain Koala

Jumping Castle

Facebook

Instagram

ALEXANDRA AMATEUR SWIMMING & LIFESAVING CLUB

Season 23-24 Registration Period
OPEN: Friday 13th October 6:00pm
CLOSE: Friday 27th October 6:00pm

Season 23-24
Our season will commence on Monday 20th November 2023 and conclude on Thursday 7th March 2024.

Our Programs Include:
Learn To Swim
Advanced Learn To Swim
Junior Squad
Intermediate Squad
Senior Squad

Registration
Please use the link below to register. A link will also be available on our Facebook page.
If you would like to be added to our email list or have any question please contact us via Facebook or email alexandraswimmingclub@gmail.com
<https://www.trybooking.com/CLUXC>

JUNIOR GOLF CLINICS

WITH PGA PROFESSIONAL MATT JAGER & CLUB CAPTAIN LUKE HEARD

16th October 4pm - 4.45pm - Primary School Age

23rd October 5pm - 5.45pm - High School Age

30th October

13th November

20th November

COST: \$5 A SESSION
@ ALEXANDRA GOLF CLUB

To register please email or message Luke Heard:
lukeheard@yahoo.com 0418 376 176